**Mind Matters: Supporting Employee’s Mental Health at Work**

**Tags and Teasers**

**Article**

Mental health impacts 1 in 8 globally, costing the economy trillions of dollars. Is your workplace doing its part? This article explores how employers can make a real difference.

**Video**

Did you know untreated mental health issues cost businesses billions? Learn how proactive employers can reduce these risks by creating a workplace that values open communication and providing necessary resources.

**Infographic**

Open conversations about mental health in the workplace matter. Learn how employers can foster a culture of communication and support.

**Categories:**

Mental Health

Health

Wellness

**Tags:**

Mental Health

Mental Health Awareness